



BHI at Home, in collaboration with Care Plus Homehealth Care, is honored to provide distinguished private duty Personal Care Assistant Services tailored for discerning older adults. Our highly trained Certified Nursing Assistants and licensed Home Health Aides are dedicated to offering premier care; ensuring our clients receive the highest level of support and assistance within the familiar surroundings of their own residences. The range of care provided is tailored to each individual's unique needs.

Our Personal Care Assistant services are available on a private pay hourly basis. Depending on the specific requirements, services can be short-term or extended, ranging from just a few hours weekly to around-the-clock, 24-hour support.

## Compassionate Care & Support



**Personal Care:** Assistance with daily activities such as bathing, grooming, dressing, grocery shopping and errands.



**Light Housekeeping:** Performing household chores like cleaning, laundry, and tidying up to maintain a safe and sanitary living environment.



**Mobility:** Assistance with moving around safely including transferring and walking.



**Companionship:** Providing emotional support, friendship, and engaging in social activities. Includes setting up appointments and other trusted assistant tasks.



**Medication Reminders:** Timely reminders to take medications as prescribed and tracking medication schedules.



Taking Vital Signs: Keeping track of vital signs such as blood pressure, pulse, and temperature, especially for individuals with specific medical conditions.



**Meal Preparation:** Planning and preparing nutritious meals based on dietary restrictions and preferences.



Feeding Assistance: Helping individuals who may have difficulty feeding themselves, including those with physical limitations or cognitive impairments.

BHI At Home is here for you. Please contact our office for more information.

Call: 765-393-0618 | Email: info@careplus-hhc.com