



# **GUIDELINES TO QUALIFY FOR HOME HEALTH SERVICES**

BHI at Home, powered by Care Plus Home Health Care, provides quality in-home services to help you stay independent and recover comfortably. Our licensed nurses, therapists, CNAs, and aides deliver comprehensive care under a physician's direction—in Assisted Living, Memory Care, Independent Living, or in your own home.

## **ELIGIBILITY CRITERIA FOR HOME HEALTH**

To qualify, Home Health Services must be ordered by a healthcare provider, based on medical necessity. The patient must also be homebound and require skilled care.

### **CERTIFYING HEALTH CARE PROVIDER RESPONSIBILITY**

A healthcare provider certifies there is a need for home health services. Documentation supports that the individual is homebound and requires skilled services during in-person visits. An in-person visit must occur 90 days before the start of home health services or 30 days after. The healthcare provider agrees to follow the patient and the plan of care throughout the home care episode.

### **HOMEBOUND STATUS**

*An individual is considered homebound if any of the following apply*

- Difficult for the patient to leave their home
- Requires assistance to leave home safely
- Unable to leave home due to illness or injury
- Experiences a considerable and taxing effort to leave and is absent from the home infrequently for a short duration
- Has a functional or mental deficit impacting patients' ability to leave home
- Requires the assistance of other persons or special transportation to leave home
- Requires the use of a device (crutches/cane/wheelchair/walker/etc.)

***\*Homebound status means leaving home is possible but requires significant effort.***

## NEED FOR SKILLED NURSING SERVICES

The patient must have a medical condition or need that requires skilled nursing care or therapy services. These services must be reasonable and necessary to treat the patient's illness or injury. A need may occur due to one or more of the following:

- Recent Hospitalization
- New or Exacerbated Diagnosis
- New or Recently Changed Medication
- Knowledge Deficit from caregiver change

## SKILLED NURSING SERVICES

- After-Surgery Care
- Medication Education & Management
- Wound Care & Dressing Changes
- Catheter Care
- IV Therapy
- Tube Feedings
- Disease Education & Management
- Ostomy Care
- Pain Management



## SKILLED THERAPY SERVICES

- Physical Therapy
  - Restore strength, mobility, balance, and independence in daily activities.
- Speech Therapy
  - Improve communication, language skills, and swallowing ability.
- Occupational Therapy
  - Enhance daily functioning and support independence at home.

