



PERSONAL CARE ASSISTANT

BHI at Home, in partnership with Care Plus Home Health Care, proudly provides distinguished private-duty Personal Care Assistant services designed for older adults. Our highly trained Certified Nursing Assistants and licensed Home Health Aides deliver exceptional, personalized care, ensuring clients receive the support they need in the comfort and familiarity of their own homes. Services are tailored to each individual's unique needs and available on a private-pay, hourly basis—ranging from a few hours per week to comprehensive 24-hour care.

COMPASSIONATE CARE & SUPPORT



Personal Care

Help with daily activities like bathing, dressing, grooming, and errands.



Light Housekeeping

Assistance with household chores, including cleaning, laundry, and tidying.



Mobility

Support with moving safely, including walking and transfers.



Companionship

Companionship and personalized support with activities and appointments.



Medication Reminders

Timely reminders and monitoring of medication schedules.



Taking Vitals

Monitoring vital signs, especially for individuals with health conditions.



Meal Preparation

Meal planning and preparation tailored to dietary needs and preferences.



Feeding Assistance

Assisting individuals with feeding, including those with physical or cognitive challenges.

CONTACT OUR OFFICE FOR MORE INFORMATION!

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